



**Ardal Cenhadaeth  
Dyffryn Clwyd  
Mission Area**

A liturgy for the  
Pilgrim Eucharist

*"There's no discouragement shall make him once relent his first  
avowed intent to be a pilgrim" John Bunyan*

A what?  
Sounds very high church,  
pretty doubtful really;  
an example of extremism,  
fanaticism...

I'm moderate,  
measured,  
middle of the road,  
sound. Yes, sound,  
I certainly don't believe in shrines  
and walking barefoot 'til your feet blister.

And look at the lot who travelled through the pages of Chaucer  
to Canterbury -  
hypocritical, greedy, immoral.  
Pilgrimage is a hotbed, a breeding ground for trouble.  
So unsuitable  
for moderate, measured, middle-of-the-road me.

But  
where are you going?  
What are you seeking?  
Are you sure it's safe, and sound... and sound?  
I'd like to travel on as well:  
it's not quite my 'avowed intent'  
but maybe I'll take a step or two.

Only  
let's not call it pilgrimage.  
It's just a journey,  
my journey.  
And I'm seeking,  
going towards...  
but keeping in the middle of the road,  
just in case...



*A pilgrims prayer for the journey to encounter*

Arise within me, Holy mystery, Holy friend.

keep danger near enough for the summoning of protection  
keep doubt strong enough for the deepening of trust  
keep despair near enough for the stirring of hope  
keep darkness strong enough for the stirring of hope  
keep darkness strong enough for the sustaining of peace  
keep fear strong enough for the arousing of love  
keep greed near enough for the lavishing of generosity  
keep uncertainty strong enough for the bolstering of courage  
keep surprise near enough for the gifting of grace  
keep chaos near enough for the flowering of creativity  
keep divinity near enough for the perfecting of humanity

Arise within me, Holy mystery, take me to hallowed ground.

## Introduction

### We Gather

*We gather together all who have travelled from near and far,  
in person and virtually, all present in spirit as the family of faith.  
The Priest begins by saying:*  
In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

Grace and Peace be with you  
**And keep you in the love of Christ.**

### Penitential Act

*We begin our journey to encounter with the Penitential Act, seeking  
for a change of heart as we reflect on our Christian journey so far.  
We call to mind our failures, always remembering God is journeying  
alongside us in loving forgiveness.*  
**God of our journeying,  
inviting us to travel with you,  
forgive us when we cling to outworn security,  
afraid to let go of what is safe and familiar.  
Give us courage  
to take the risk  
of answering your call  
into joyous adventure.**

Come to me all who labour and are heavy laden, and I will give you  
rest.

Lord, have mercy.   **Lord, have mercy**  
Christ, have mercy.   **Christ have mercy.**  
Lord, have mercy.   **Lord, have mercy.**

*The Priest asks God to forgive us:*  
Almighty God,  
who forgives all who truly repent,  
have mercy upon you and set you free from sin,  
strengthen you in goodness  
and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

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## The Collect

Let us pray.  
*We all pray in silence with the Priest for a moment. Then the Priest  
says either the collect for the day or the prayer for pilgrims.*

O Pilgrim God,  
come with us on our journey  
come with your saints and prophets and angels  
come with your bread and wine and stories  
come be our light, our hope, our healing,  
come lead us safely home. **Amen.**

### We Listen

### The Liturgy of the Word

*We sit for the readings. During the readings it helps to listen for a  
sentence or a phrase that really speaks to us about God. Focus  
particularly on that.*

### First Reading

*At the end of the reading:*  
This is the word of the Lord  
**Thanks be to God**

### The Gospel

*We stand to greet the Gospel*

Listen to the Gospel of Christ according to Saint **N.**  
**Glory to you, O Lord.**

*After the Gospel:*  
This is the Gospel of the Lord.  
**Praise to you, O Christ.**

### The Intercessions

*We are invited to sit and pray quietly for a moment as we hold all  
those who have asked us to pray for them in our hearts and bring  
them before God.*

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*We stand and pray together*

**Lord, You have always given  
bread for the coming day;  
and though we are poor,  
today we believe.**

**Lord, You have always given  
strength for the coming day;  
and though we are weak,  
today we believe.**

**Lord, You have always given  
peace for the coming day;  
and though of anxious heart,  
today we believe.**

**Lord, You have always kept  
me safe in trials;  
and now, tried as we are,  
today we believe.**

**Lord, You have always marked  
the road for the coming day;  
and though it may be hidden,  
today we believe.**

**Lord, You have always lightened  
this darkness of ours;  
and though the night is here,  
today we believe.**

**Lord, You have always spoken  
when time was ripe;  
and though you be silent now,  
today we believe.**

*We stand for the peace*

Jesus says, 'Peace I leave with you; my peace I give to you.' Do not let your hearts be troubled, neither let them be afraid.

The peace of the Lord be with you always.

**And also with you.**

*Then the Priest prepares the gifts of bread and wine at the Altar.*

*The Priest then prays over the gifts:*

As we bring this bread to you Lord of the Elements,  
we offer up to you our hearts, our energies our labor,  
our leisure our relationships, our minds our thoughts,  
time and talents, all that we create, all that we possess,  
our souls, our coming, our going,  
our strength, our days and nights, our hopes and fears,  
the day of our birth and the moment of our death,  
Oh bread and breath of life.

**Blessed be God for ever.**

We pour out this wine and offer to you the woes of life poured out. Disappointment, disease, hurt, or handicap.

As grapes crushed to make this wine  
so we offer to you all who are crushed by hunger,  
homelessness, violence or abuse.

You who put beam in sun and moon,  
take all this and transform it  
into the deep rich wine of everlasting life.

**Blessed be God for ever.**

*The Priest may then pray an additional prayer over the gifts.*

### **The Eucharistic Prayer**

*This is the most important prayer in our service.*

*The Eucharistic Prayer contains words of praise and thanks for the death and resurrection of Jesus Christ. The Priest chooses one of the seven Eucharistic prayers and then begins:*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

*The preface is the prayer that precedes the consecration of the gifts focusing our minds on what is about to happen. It changes with the seasons and for special occasions such as Saints' days.*

*At the end of the Preface we say or sing:*

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*We then sit or kneel for the Consecration of the gifts.*

*The Priest then continues with the Eucharistic prayer.*

*After the words of institution the priest holds up for the people, first the consecrated bread then the consecrated wine.*

*The Priest then says:*

Let us proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come in glory.**

*The priest then continues with the Eucharistic prayer.*

*Near the end of the Eucharistic Prayer the Priest will take the chalice and the paten with the host and raising both and says:*

Through him, with him, in him,

in the unity of the Holy Spirit

all honour and glory are yours, almighty Father,

for ever and ever.

**Amen.**

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## The Lords Prayer

As our Saviour taught us, we boldly pray:

**Our Father, who art in heaven,**

**hallowed be thy name;**

**thy kingdom come; thy will be done;**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation;**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power and the glory,**

**for ever and ever. Amen**

## The Communion

We break this bread to share in the body of Christ

**Though we are many, we are one body**

**for we all share in one bread.**

They recognised the Lord

**In the breaking of the bread**

For the loaf that we break

**Is the body of the Lord**

The cup from which we drink

**Is the blood of our Lord**

Lord, Let your mercy come upon us

**In you O Lord I have put my trust**

They recognised the Lord

**In the breaking of the bread.**

*The Priest then takes the chalice and paten and holding them up invites us to take communion with these or other suitable words:*

Come, let us receive the body and blood of our Lord Jesus Christ, given for us, and feed on him in our hearts by faith with thanksgiving.

Come, receive who you are, become what you see.

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**Those in Church come forward to receive communion  
Pew by pew as directed by the Verger  
Please remember to sanitise your hands  
And return to your seat via the one way system**



*Those participating via the live stream are invited to join  
with a prayer of Spiritual Communion*

*Lord Jesus, I believe that you are truly present in the Holy Sacrament,  
and, since I cannot at this time receive communion, I pray you to  
come into my heart. I unite myself with you and embrace you with all  
my heart, my soul, and my mind. Let nothing separate me from you;  
let me serve you in this life until, by your grace, I come to your  
glorious kingdom and unending peace. Amen.*

*We are commissioned to go out into the world to give glory to God by  
the way we live. The challenge for us now is to be the Body of Christ,  
as St Augustine suggests, to become what we have received!*

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

We have drawn aside from busy lives  
to set aside some space  
and see afresh with open eyes  
the beauty of this place.

**Each quivering blade of grass reveals  
the glory of God's earth;  
in laughters lilt, compassions tear,  
the Spirit brings new birth.**

We join with all creations choir  
and sing of God's domain,  
the love of Christ in empty hearts  
now raised to life again.

**Refreshed in body, mind and soul,  
we return to daily round,  
our eyes and ears attuned to God  
to serve with love new found.**

And the Blessing of God Almighty,  
The Father, Son and Holy Spirit,  
Be upon you and remain with you  
now and always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## A Daily Prayer of Mercy

God of Mercy  
As you have forgiven us  
So you send us forth  
To bear your message of mercy to all.

Give us willing feet and gentle hands.  
Bless us with listening ears and searching  
eyes.

Endow us with understanding minds.  
Ordain us with compassionate hearts.

In our acts and our words  
Make us vessels of your mercy  
To reach out to the broken  
On behalf of the Father who wipes away our  
debts  
As lovingly as he wipes away our tears  
And calls his children home.

Help us lift your people in body and spirit.  
And so make every day a day of mercy.  
Amen.

